

Life After PMR

Alternative Career Options

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Moshe Lewis MD, MPH, MBA

Chief, Physical Medicine and Rehabilitation, CPMC, St Luke's

President, Golden Gate Institute of Integrative Medicine

Volunteer Clinical Faculty, UCSF and Touro University

Why do doctors pursue Alt Career Paths ?

THE NARRATIVE OF DISILLUSIONMENT

- ✧ Physician Burnout
 - ✧ Declining Reimbursement/ Increasing Administration
- ✧ Limitations (physical, logistics, insurance)
- ✧ Supplemental Income
- ✧ Niche Expertise
- ✧ Risk/Reward vs. Work/Life Balance

“The only constant is change”

Alternative Careers



- ✧ Clinical medicine
 - ✧ (e.g., telemedicine, concierge Addiction Medicine, Regenerative Medicine)
 - ✧ Higher Liability
- ✧ Removed from medicine (e.g., financial industry)
 - ✧ Lowest Liability
- ✧ Hybrids (e.g., medico-legal, disability reviews, etc.)
 - ✧ Typically for revenue enhancement
 - ✧ Limited Liability
 - ✧ “The world looks different at 18 vs. 30”

What are Some Common Alternative Career Paths in PMR

- ✦ Executive Leadership
 - ✦ Medical Directorships
 - ✦ Chief Healthcare Officer
- ✦ Locums Tenens
 - ✦ Facility
 - ✦ Clinical
- ✦ Med-Legal
- ✦ Telemedicine
- ✦ Tech Consultant
- ✦ Teaching
- ✦ Writing

How do you decide which path is right ?

- ✦ To thine self be true
- ✦ Self inventory/Introspection
- ✦ What is your happy place ?

What are these Alternative Career Paths in PMR

✦ Executive Leadership

✦ Medical Directorships

- ✦ Small to no Clinical Practice with greater Admin responsibilities

- ✦ Home Health/SNF

- ✦ Insurance based/UR

- ✦ Pros

- ✦ Administrative income and bonuses

- ✦ Modest travel, corporate benefits package, decreased liability

- ✦ Cons

- ✦ Politics

- ✦ Finance/Accounting

- ✦ Supervision of Staff including MD's

- ✦ Responsible for Legal regulations, Surveys/audits, reports (data)

Locums Tenens



✧ Pros

- ✧ Flexibility
- ✧ Limited Political Buy In
- ✧ All expenses paid/good benefits/excellent hourly wages

✧ Cons

- ✧ May need to get licensure in another state
- ✧ May have to travel more than is convenient
- ✧ Feeling non-committed
- ✧ Trying to fix things or cover for others

Med Legal



- ✦ IMEs, QMEs, UR, Peer Review, Disability Review, Expert Work
- ✦ Pros
 - ✦ Greatest Flexibility
 - ✦ Limited Liability
 - ✦ All expenses paid/good benefits/excellent hourly wages
- ✦ Cons
 - ✦ Report time can extend beyond compensation
 - ✦ Reimbursement erosion
 - ✦ May have to travel more than is convenient
 - ✦ Feeling non-committed
 - ✦ Trying to fix things or cover for others

Telemedicine



- ✧ The wave of the Future
- ✧ May be only your current patients
- ✧ May include patients in your state
- ✧ May be on a contractual basis ie to a facility
- ✧ Cons:
 - ✧ Limited clinical information and time for decision-making
 - ✧ Legal liability
 - ✧ Time to follow up on outcomes
 - ✧ Increasing documentation requirements

Healthcare Tech Consultant

- ✦ Working primarily with
 - ✦ Start-ups
 - ✦ VC Firms
- ✦ Serving as an Angel investor/reviewer/Analyst
- ✦ Epic Trainer, Roll Out Physician
- ✦ “A desire to apply new technology, approach or way of thinking to a thorny problem “ Forbes

Teaching



- ✦ University Professorship
- ✦ Participating as paid lecturer
 - ✦ (Pharma, Private, Independent)
- ✦ Volunteer Faculty (mentorship, shadowing etc)
- ✦ Online courses, TV programs, CME

Writing



- ✦ eBooks, Social Media, Blogs
- ✦ Self publish/Agent
- ✦ Screenwriting
- ✦ Columns, magazine articles

Resources



- ✦ SEAK
- ✦ Recruiters
- ✦ Indeed.com
- ✦ KevinMD.com
- ✦ Facebook Groups
- ✦ Industry conferences/Contacts
 - ✦ AAPM&R's Career Center, WC conferences , Telemedicine, Financial Services, Attorneys

Questions and Answers



- ✦ Lecturer to provide his professional experience in several of the types of roles discussed including
 - ✦ Med Legal
 - ✦ Telemedicine
 - ✦ Book Publishing
 - ✦ Media
 - ✦ Start Up Consultancy
 - ✦ Contact: Drmoshe.lewis@gmail.com
 - ✦ Phone 650-366-4542