



California Society of Physical Medicine & Rehabilitation
presents their

ANNUAL MEETING

July 24, 2021



Attendees may report up to
5.5 AMA PRA Category 1 Credits™
4.75 hours of QME CME

PROGRAM SCHEDULE



Lectures: Irvine & Anaheim Rooms

Exhibits: Irvine & Anaheim Foyer

12:00 noon

1:00 p.m.

1:15 p.m.

Pharmacologic and Non-Pharmacologic Adjuncts for Stroke Recovery

Michael Su, M.D.

2:15 p.m.

Suboxone and Opioid Alternatives in Chronic Pain

Chirag Vora M.D.

3:15 p.m.

Break

3:45 p.m.

PM&R and Its Unique Position for Interdisciplinary Research

Sam Lee M.D.

4:45 p.m.

Physician Retaliation

Robert Bitonte, M.D., J.D.

5:45 p.m.

Acute Flaccid Myelitis and Increasing Pediatric Rehabilitation Access

Mai Ngo M.D.

7:00 — 8:00 a.m.

Adapting to Virtual Care for Traumatic Brain Injury

Christina Manh M.D.

Ultrasound and Interventional Treatment of Knee Pain

Bianca Tribuzio D.O.

Ketamine for Chronic pain

Gabriel Barnard, M.D., M.S.

Disclosures

As a provider accredited by the Institute for Medical Quality/California Medical Association, we must ensure balance, independence, objectivity and scientific rigor in all of our sponsored educational activities. We adhere to the *ACCME Standards for Commercial SupportSM*.

Everyone who is in a position to control the content of an educational activity throughout the planning and delivery phases must disclose to us the nature of any relationship with a commercial interest as defined by ACCME. This includes all physicians and non-physician employees involved in planning, as well as authors, presenters and faculty.

A conflict of interest exists when an individual (or their spouse/partner) has a financial relationship with a commercial interest and the opportunity to affect CME content related to that commercial interest. The intent of disclosure is not to disqualify a speaker, author or program planner from participating in an educational activity, but to resolve any potential conflicts of interest that may arise from financial relationships with a commercial interest that are determined to be relevant. (Insert Organization Name) has a process to resolve any conflicts of interest and assumes that resolution will be possible. During this process, you may be asked for further information or explanations.

Below are the results of the individual disclosures from our speakers whose lecture qualifies for CME credit.

Dr. Robert Bitonte has indicated he has nothing to disclose.

Dr. Michael Su has indicated he has nothing to disclose.

Dr. Chirag Vora has indicated he has nothing to disclose.

Dr. Mai Ngo has indicated she has nothing to disclose.

Dr. Christina Manh has indicated she has nothing to disclose.

Dr. Bianca Tribuzio has indicated she has nothing to disclose.

Dr. Gabriel Barnard has indicated he has nothing to disclose.

CSPMR Board Members

Janet Lord, MD, President– no disclosures

Steven Hsu, MD, President-Elect and Medical Education Committee

Chair– no disclosures

Ori Schnizer, MD Vice President– No disclosures

Bianca Tribuzio DO, Immediate Past President

Alice Tsai, DO, Secretary–Treasurer– no disclosures

Jeffrey L. Young, MD, Delegate to CMA

Specialty Society Delegation

Janet Lord, MD, Alternate Delegate to CMA

Specialty Society Delegation

Steve Cattolica, Legislative Advocate

Jeffrey Young, MD, Acting Executive Director– no disclosures

Patricia Nance, MD– member, medical education committee

Up to 12.5 AMA PRA Category 1 Credits™ 6 hours of QME

The California Society of Physical Medicine & Rehabilitation is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. CSPMR takes responsibility for the content, quality and scientific integrity of this CME activity.

The California Society of Physical Medicine & Rehabilitation designates this live activity for a maximum of **12.5 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians attending this course may report up to **6 hours** toward the requirements of California Labor Code section 139.2 (d), continuing medical education towards **QME** status. This seminar also meets the current requirements of IMQ with respect to AB 1195 cultural and linguistic competency.

About the Program

This program has been designed for physical medicine and rehabilitation physicians (physiatrists) as an update and review. Participants will learn practical, clinical steps to manage various common patient care issues related to physician medicine and rehabilitation. Other physicians who refer to physiatrists, or who are directly involved in the treatment of neuromuscular or musculoskeletal impairments, will also benefit from this program by gaining knowledge that will improve their ability to manage these patients.

Disclosure

Consistent with CSPM&R policy, faculty are expected to disclose any economic or other personal interests that creates, or may be perceived as creating, a conflict of interest related to the material being presented or discussed. A complete disclosure statement will be in your course syllabus for your referral at the program.

Educational Objectives

At the conclusion of the annual meeting the participant will be able to:

- Outline the new approaches and methods for treatment of patients with CVA, TBI, SCI and chronic non-malignant pain.
- Describe the current trends in opioid prescribing.
- Identify diagnosis and treatment motor recovery after SCI and learn the challenges of inpatient rehabilitation.
- Learn the latest in research as presented by residents of various PM&R medical school programs.
- Learn the basics of ultrasound and its clinical application in joint injections and regenerative medicine.



Enrollment

Tuition includes a syllabus on flash drive, break snacks and Saturday lunch. We accept checks made payable to **CSPM&R** or credit card payment through PayPal on our website. **Registration can also be done online by going to the website www.cspmr.net.** Refunds must be requested by April 9, 2021 and will be subject to a \$50.00 service charge. Program materials cannot be guaranteed unless payment is received prior to April 10th. CSPM&R has the right to cancel this meeting; in such a case, a full refund will be given.



CME Mission Statement

The CME Mission of the California Society of Physical Medicine and Rehabilitation is to disseminate scientific, socioeconomic and political aspects of medicine impacting the specialty of physical medicine and rehabilitation. Purpose: Our CME program's purpose is to provide high-quality, evidence-based educational seminars designed to advance physician competence and enhance practice performance, throughout their professional careers. Our attendees will also learn about the importance of culture and communication for delivering effective health care. Our CME programs will establish a commitment to educate physicians to deliver culturally and linguistically appropriate care. Target Audience: Our target audience is the society membership of physicians who specialize in physical medicine and rehabilitation as well as other allied health personnel in the physical medicine and rehabilitation arena. Education will be presented with that target audience in mind but other physician specialties and professionals will be invited when deemed appropriate. Our target audience consists of the above groups mainly from California. Types of Activities: As a CME provider of a medical specialty organization our activities mainly consist of live courses directly sponsored by the California Society of Physical Medicine & Rehabilitation. The educational design, instructional methods and learning format for each CME event is created to best serve the educational needs and learning objectives of the educational seminar. Content: The content for each individual presentation within the event is chosen with the needs and objectives taken into consideration. This includes but is not limited to case presentations, didactic lectures, question and answer periods, group discussions, workshops and panel discussions. Expected Results: We expect our attendees will report greater performance in their approach to clinical problems and/or express their intent to change their behavior and apply newly acquired strategies in their practice. We expect that our attendees will demonstrate competence and the effective use of targeted skills to enhance patient outcomes.